



# **Meta-Skills** for AE

Met-AE Newsletter #3 - Progress!

Project dates: 01/01/2022 – 31/12/2023 | Funded by Erasmus+, KA220-ADU Cooperation partnerships in adult education



### The project

Met-AE aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills. The project results will provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

## Our objectives:

- To create a clear and direct upskilling pathway for vulnerable and low-skilled adult learners;
- To support the increase in the take-up of adult education through increasing the ability of adults with a low level of skills;
- To improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills;



#### Met-AE - Metacognitive Learner Interactive e-Course

The e-Course will provide a 30-hour course aimed at introducing, explaining and encouraging low-skilled/educated adult learners through a series of engaging, interactive modules which cover each competence of the metacognitive framework in detail.

The impact of this result is that the adult learners who complete the e-course will benefit from a new perspective and approach to digital learning which is expected to be a critical element of adult education provision. The expected long-term impact is to enable access vulnerable and NEET adult learners in Europe access to effective tools to build the skills and knowledge to successfully increase their capacity to learn flexibly, opening up more opportunities to learn, progress professionally and diversify their career.

The innovation in this result stems from the fact that there is no flexible learning course which provides such a unique, targeted combination of knowledge and skills directly for vulnerable and NEET adult learners with the aim of facilitating digital inclusion.

#### The course will be:

- Targeted to low-skilled/educated adult learners,
- Available as an open, online, and digital education learning material,
- Provided with interactive features,
- Available in 7 languages: English, Estonian, Greek, Italian, Polish, Portuguese, Romanian,
- Developed under the coordination of E&D regarding content, and Danmar regarding technical development.



#### **Third Project Meeting!**

The third project meeting was held in Porto during the 25th and 26th May 2023 and all partners participated. The meeting was an opportunity for the consortium to discuss the current state of art of the project itself and the progress achieved so far.

Main talking points were the finalization of the Metacognitive e-Course (both the Learner Interactive e-Course and Supporter e-Course). Each partner developed different modules based on different competences and skills and they will form the interactive e-course that will be available for all, freely, within the project website and learning platform!



















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